



Packed Lunch Ideas

Several small containers with savoury bits and bobs, such as:

- Sausages, cheese cubes or sticks.
- Sandwiches filled with tuna, cheese, cold meats or jam or marmite, two sandwiches is enough.
- If you child doesn't like bread, try wraps, pitta pockets or crackers/cheese biscuits.
- A small box of cold pasta with tuna or cheese.
- Sausage roll or quiche.
- Fresh vegetables such as cucumber, cherry tomatoes, and carrot sticks.

Sweet treats:

- Fruit, small bananas, apple, grapes cut in half length ways, strawberries, Satsuma's or Raisins etc.
- Yogurts in pots, we will provide spoons.
- To finish with one treat, a packet of crisps or cake.